



Mikaela Flanagan, ND

Naturopathic Doctor

Welcome!

Naturopathic medicine has so much to offer, and I am excited to work together with the goal of bringing you a greater level of wellbeing.

After scheduling your first appointment, you will be sent a secure link to the new patient paperwork via patient portal. Please take your time to read and complete all forms before your visit; the information provided in the new patient intake allows us to get the most out of our time together.

The first visit is when I have the opportunity to listen to your story, perform a physical exam and discuss general treatment approaches. The visit will last around 60 minutes and a follow-up visit is typically necessary to have enough time to discuss more detailed treatment plans. All visit summaries will be sent to you via your patient portal. If laboratory evaluation is indicated, I will send a lab order to a local lab for you to complete (some functional lab tests can be collected at-home). The lab will work with you to discuss insurance coverage and lab costs. Most of the natural medicines I recommend can be found locally, however, some products are available only through a medical provider. These medicines will need to be ordered online and shipped to your home. Please note that naturopathic treatment plans are done in a stepwise manner and regular follow-up visits are optimal. I recommend a 45-minute follow-up visit within 2-4 weeks after your initial visit. The process of improving health does require time and work, and I believe it is worth the effort. If you ever have any questions during the course of your treatment, please contact me. We are a team.

Payment will be due at the time of your visit. If you need to cancel an appointment, kindly give a 48-hour notice.

I look forward to working with you.

Sincerely,

Dr. Mikaela